

## **ABOUT OUR PROGRAMS**

### **FOOD PANTRY**

People who meet income guide-lines may obtain food. Donations are based on family size. Families may come in and receive the equivalent of three meals a day for three days (in an emergency they can come in more often). Food is donated to the Pantry by individuals, churches, and Boy Scout and Post Office drives. Food is also purchased at a very reasonable price from the Food Bank of Central New York. Vouchers are given during the growing season to be used at a Farmers' Market for produce.

Location: Holland Patent Presbyterian Church building on the park.

Hours: The first three Saturdays and the fourth Thursday of each month. 10am-2pm.  
July and August: 10am-noon.

### **THRIFT SHOP**

New and used good, clean clothing is sold. A perpetual bag sale assures customers of real bargains. Profits help support Foothills programs.

Location: Holland Patent Presbyterian Church building on the park.

Hours: The first three Saturdays and the fourth Thursday of each month. 10am-2pm.  
July and August: 10am-noon.

### **COFFEEHOUSES**

Local and other musicians perform in the candlelit Park Coffeehouse setting. The Coffeehouses provide a non-alcoholic opportunity for those who enjoy acoustic folk music to gather. Profits help support Foothills programs.

Call 315-865-4623 for a schedule.

### **CHRISTMAS BASKETS**

Families may apply for baskets that include food and gifts of clothing and toys for the children.

### **WIC Clinics**

Clinics are held the fourth Thursday of each month. Call 315-798-5066 for information.

### **INFORMATION AND REFERRAL FOR SERVICES**

Help is given to those who need to know what is available in the way of Social Services such as Child and Family Health Plus, Health Friends Medication Assistance, A.A. and others. Referrals are made to appropriate agencies.

Call 315-865-5854 for help. Leave a message

